

BHEREAS, by leading more active lifestyles, we can invest in our futures and encourage our children to do the same; and

WHEREAS, sports and fitness teach lifelong skills and are fundamental components of American culture; and during National Physical Fitness and Sports Month, Charlotte County recognizes parents, coaches, educators, and all those who instill in our children the importance of regular exercise, and we invite all people to invest in their own wellbeing by finding a way to be active each day; and

BHEREAS, physical fitness is an essential component of a healthy lifestyle and by making physical activity part of your daily routine, you can put yourself on the path to better physical and mental health; and

WHEREAS, Charlotte County Community Services encourages all community members to embrace "Get up, Get out, Get Active!" by visiting Charlotte County's park system and taking advantage of the opportunities in Charlotte County communities to live a healthy and productive life; and

BHEREAS, Charlotte County supports the President's Council on Fitness, Sports & Nutrition in honoring National Physical Fitness and Sports Month.

NOW, THEREFORE, BE IT PROCLAIMED that the month of May 2025 shall be known in all of Charlotte County as

National Physical Fitness and Sports Month

PASSED AND DULY ADOPTED this 22nd day of April 2025

BOARD OF COUNTY COMMISSIONERS OF CHARLOTTE COUNTY, FLORIDA

Ву_____

Joseph M. Tiseo, Chairman

ATTEST:

Roger D. Eaton, Clerk of Circuit Court and Ex-Officio Clerk to the Board of County Commissioners APPROVED AS TO FORM:

Hector Flores, County Administrator