

## BOARD OF COUNTY COMMISSIONERS

APRIL 21, 2026

A Board Workshop was held at the Murdock Administration Complex in Commission Chambers; Room 119, Port Charlotte, Florida.

The following members were present: Chair Tiseo, Commissioner Constance, Commissioner Deutsch, Commissioner Doherty, and Commissioner Truex. Also, in attendance were: County Administrator Flores, County Attorney David, and Minutes Clerk Gerace. The following members were absent: None.

**The Meeting was called to order at 10:30 am**, followed by the Pledge of Allegiance.

County Administrator Flores highlighted Board Workshop.

### 1. Clinic and Pharmacy Update

Gordon Burger, Budget and Administrative Services Director gave a brief overview of Health Plan Employer Paid Rx Costs - 2009 through 2025, Rx Utilization Trends: Rx Utilization Trend - Volume, Scripts Filled, Cost, Utilization Trends - glucagon-like peptide (GLP) 1 & 2, Health Plan Employer Paid Rx Costs, Next Steps As presented November 17, 2025, Utilization Trend, Next Steps, Diabetes Criteria, Options, Base Line, Pharmacy management protocol through Health Center, Non-diabetic use for 1 year, Weight loss program with cost sharing, Exclude coverage and point employees to alternative sources, Cost Comparison, Obesity link to Chronic Disease, Obesity link to Mental Health, Limitations, responded to information distribution, generic and specialty medications, cost difference, compounding, diabetic medication insurance coverage, physician prescribing practices and fulfillment exceptions, specialty program and prescriptions, and weight loss incentive allowance enforcement.

**Chair Tiseo** commented on Utilization Trends - GLP 1 & 2, Health Plan Employer Paid Rx Costs - 2009 through 2025, Health Plan Employer Paid Rx Costs, GLP-1 maintenance dose, cost, and side effects, lifestyle changes, taxpayer cost, alternative purchase options and cost, Cost Comparison, diabetic medications, MyPharmacy benefit, weight loss incentive strategy and prescription allowance, expenditure explanation and benefits, and healthier employees. **Commissioner Constance** mentioned Scripts Filled, Cost, Options, Utilization Trends - GLP 1 & 2, Health Plan Employer Paid Rx Costs, Utilization Trend, MyPharmacy benefits, Pharmacy management protocol through Health Center, Non-diabetic use for 1 year, GLP-1 benefits, side effects, and education, pharmaceutical costs and rebates, Aetna cost savings and Pharmacy Benefits Manager (PBM), oral versus injectable medication, lower cost and fulfillment alternatives, Cost Comparison, lifestyle changes, prescription allowance and copays, Limitations, weight loss program and incentive options, Food and Drug Administration (FDA) approved diabetic medication, contract negotiations, specialty medication fulfillment policy, medication prescribing and dispensing quality control, May 19, 2026 Board Workshop, and staff recommendations. **Commissioner Deutsch** spoke to Base Line, weight loss benefits and cost savings, exercise, employee process participation, weight loss program, and lifestyle changes. **Commissioner Doherty** discussed unsustainable costs, non-diabetic alternative weight loss programs and screening processes, financial balance, MyPharmacy transition and preferred fulfillment utilization, health complications, taxpayers, Limitations, and Pharmacy management protocol through Health Center. **Commissioner Truex** noted MyPharmacy benefits, staff efforts, GLP-1 benefits and maintenance dose, Options, Limitations, oral versus injectable medication, Obesity link to Chronic Disease, cost difference, weight loss program, diabetic medication receptors, and existing health conditions specialty medications.

Shawn Fleming, The Gehring Group Senior Benefits Consultant replied to GLP-1 doses and benefits, Non-diabetic use for 1 year, alternative medication purchase options and cost, Aetna and Cigna PBM pharmacy rebates and benefits, oral and specialty medications, Novo Nordisk price cuts, Hims lawsuit settlement, diabetic and weight loss medication verification process, Cost Comparison, reimbursement options, and cost share employee impacts.

**AA. County Administrator Comments**

County Administrator Flores commented on staff and People Operations Leave and Voluntary Benefits Administrator Jennifer Bullistron efforts.

**BB. County Attorney Comments - None**

**CC. Commissioner Comments**

**Chair Tiseo** mentioned staff efforts and recommendations. **Commissioner Constance** spoke to staff efforts.

**ADJOURNED: 12:28 pm**

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**Joseph M. Tiseo, Chair**

**DATE ADOPTED:** \_\_\_\_\_

**ATTEST:**

**ROGER D. EATON, CLERK  
OF THE CIRCUIT COURT AND  
EX-OFFICIO TO THE BOARD  
OF COUNTY COMMISSIONERS**

**By:** \_\_\_\_\_  
**Deputy Clerk**