

Fred (Ferdinand) Balsamo, C.M.A.A.

***Contact Information
(203) 605-0553***

***1085 Gulf Blvd
Englewood, FL 34223***

EDUCATION:

CMAA, Certified Athletic Master Administrator
National Interscholastic Athletic Administrators Association
Certification Program Graduate 2004

Sixth Year, Professional Diploma – Administration and Supervision (092)
Southern Connecticut State University – 1984

MS, Master of Science Degree – Physical Education for the Handicapped
Southern Connecticut State University – 1976

BS, Bachelor of Science Degree – Health, Physical Education and Recreation
Southern Connecticut State University – 1974

HS, High School Diploma
North Haven High School – 1970

WORK EXPERIENCE:

Connecticut Association of Athletic Directors - Executive Director

Connecticut Coaching Education Program - Director

Director of Athletics, East Haven Public Schools, East Haven, CT 1996-2007
Responsibilities are the administration and supervision of all K-12 Athletics, Intramurals and Curriculum Development for K-12 Health and Physical Education.

Director of Athletics & Student Activities, Middletown Public Schools, Middletown CT 1979-1996
Responsibilities were the administration of all K-12 Athletics, Intramurals, Physical Education, Student Activities and Health Programs. **During this time period Woodrow Wilson High School and Middletown High School Merged. The number of athletic offerings doubled and girls' sports achieved equity. Numerous State Champions were achieved. There were two renovations projects upgrading both the outdoor and indoor facilities.**

Coaching Certification Instructor, CAS/CIAC 1989-Present
Developed the States first 45 clock hour course curriculum for the purpose of meeting the State Department of Education requirement for coaching Certification

Director of Youth INTERACT, City of Middletown 1976-1984
Responsibility for an evening educational program for students grades 6-8

Physical Education Instructor – Woodrow Wilson Middle School, Middletown CT 1975-1984
Various Coaching Positions in the sports of Football, Basketball, Track 1973-1979

PROFESSIONAL EXPERIENCE:

Connecticut State Department of Education Liaison

1997 – 2022 Development of Coaching Education Certification Curriculum and Competencies

1997 – 2022 Development of CEU Standards for 15 hour Coaching Requirement

East Haven Public Schools

1997 – 2007 School Safety Chairperson

Middletown Public Schools

1994 – 1996 School Safety Chairperson

1994 – 1996 After-School Grant Manager

1986 – 1996 Curriculum Development Committee

1986 – 1996 Professional Development Committee

1984 – 1996 Teacher Evaluation Committee

1982 – 1983 High School Merger Committee

National Interscholastic Athletic Administrators Association (NIAAA)

1996 – 2018 Leadership Training – National Faculty

1994 – 1998 National Federation of High Schools Advisory Council

1990 – 1999 Chairman of Fundraising Ad Hoc Committee

1989 – 1990 NIAAA President

1988 - 2002 National Conference Speaker – Las Vegas & San Antonio

1987 – 1991 Board of Directors

1986 – 1987 Publications Committee

1984 – 1987 State Delegate

1985 National Conference Moderator

American Red Cross

1980 – 2014 CPR, First Aid and AED Instructor

ACHEIVEMENTS, AWARDS, COMMENDATIONS:

2013 New Haven Gridiron
“Hall of Fame”

2012 City of Middletown
“Hall of Fame”

2012 Connecticut High School Coaches Association
“Joe Fontana Distinguish Service Award”

2011 National Interscholastic Administrators Association
“Hall of Fame Induction”

2007 Connecticut Association of Schools
“Distinguished Service Citation”

2001 “Athletic Director of the Year” - Athletic World

1996 “Distinguished Service Award” - National Interscholastic Athletic Administrators Association

1996 “Distinguished Service Award” - Connecticut Association of Athletic Directors

1994-95 National Federation Advisory Committee Chairperson

1993 “Special Commendation” - Connecticut Association of Schools

1993 “Distinguished Service Award” - Southern Connecticut Football Alumni

1991 “Outstanding Contribution Citation” - National Federation of State High School

1991 “State Award of Merit” - Connecticut Association of Athletic Directors

1990 “Leadership Commendation” - National Interscholastic Athletic Administrators Association

1987	“Athletic Director of the Month” - August, The National Athletic Director Booster clubs of America Magazine
1986	“Outstanding Service Award”- Middletown Public Schools Administrators
1984	“Distinguished Service Award”- Southern Connecticut State Univ. Alumni
1981-88	President of the Southern Connecticut Football Alumni Association
1974	“Outstanding Physical Education Major”- Nomination, SCSU
1970-74	Varsity College Football Participant –SCSU
1966-70	Varsity High School Participant – Captain, North Haven High School

PROFESSIONAL AFFILIATIONS:

Member of:	National Federation of State High Schools Association (NFSHSA) National Interscholastic Athletic Administrators Association (NIAAA) Connecticut Association of Schools (CAS) Connecticut Interscholastic Athletic Conference (CIAC) Connecticut Association of Athletic Directors (CAAD) Connecticut High School Coaches Association (CHSCA) American Red Cross
------------	---

PUBLICATIONS AND PRESENTATIONS:

2015	Athletic Trainers in Connecticut Schools A Must, Connecticut Medicine
2013	Helping Coaches use Electronic Media, NIAAA Magazine
2006-Present	Connecticut Association of Athletic Directors Webmaster
2004-2007	Development & Webmaster of East Haven Athletic Department Website www.ehathletics.com
2002	Citizenship, New York State Conference Speaker
1998	Connecticut Coaching Certification Program, CAAD
1998-2008	LTC 503 Citizenship Program Author & Presenter, NIAAA
1996	Citizenship Through Sports and Fine Arts Curriculum, NFSHSA
1996	Developing a Coaching Philosophy, CHSCA Convention
1995	Utilizing Grant Funding, NFSHSA Conference Speaker
1994	Athletic Leadership, Massachusetts State Conference Speaker
1991	Fundraising Guidelines, Spring NIAAA Magazine
1991	Athletic Administration in the 90's, NIAAA Booklet
1987	Athletics vs. Employment, Spring NIAAA Magazine
1986	Athletic Facilities, New York State Conference Speaker
1977	Public Act 94-142, Health and PE convention Speaker